



RUNESTONE



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BARONY OF WESTERN SEAS ~ KINGDOM OF CAID ~ SOCIETY FOR CREATIVE ANACHRONISM
The Official Newsletter of the Barony of Western Seas Mar 2020 - May 2020 ~ A.S. LIV-A.S.LV

Western Seas Quarantine Edition



Colour copper engraving of Doctor Schnabel [i.e. Dr Beak], a plague doctor in seventeenth century Rome, published by Paul Fürst, ca. 1656

The Plague Issue

Letter from the Baron

To all the Populace of the Barony of Western Seas past and present, I send Greetings!

First and foremost, let me say without doubt or embellishment that you, your amazing and glorious examples of humanity, are the MOST inspiring and creative personages I know. I have followed your exploits on the various social media and you all have much to be proud of. From the Seamstresses, the Gastronomists, the Warriors, the Musicians, and the Artisans of so many disciplines. I celebrate your accomplishments and your Daring. Daring to put your creations and yourself on display for the world to see.

I now turn my gaze to you who create in silence. Who crave neither spotlight nor grandstand. I see you. I see the time and effort and sweat and tears and blood(because, in my experience, it isn't a good project unless you bleed on it) you have poured into your art. And I am Equally proud and inspired by you.

For some of us, this crazy world situation we find ourselves in has imposed quiet and solitude upon us. It has kept us from activities and people we care about. It has tried to bring us fear and distrust of our fellow man to our shores and test our courage.

Well, we are a people of greater fortitude than that. We are warriors in spirit and body. We are conquerors of fear and ignorance and doubt. Because we Dare to Try. We dare to try things we have never done before. We dare to create. We dare to test our mettle against unknown foes. We dare to learn from both the battles we win, and those we lose. And when surrounded by forces beyond our power and ability; we dare to ask for, and to give help.

It is your daring that inspires me most. Each and everyone of you have done amazing things. It fills my heart with pride and humility. Thank you all for showing me the power of the human spirit. For sharing your strength, your passions, and your art with me. For being the greatest part of the SCA, the family.

Our exile from each other will continue for a time. The Crown and other leaderships are watching the events of the world. When safety is restored, We shall all be together again. Until that time, I encourage you all to continue being the shining beacons of Chivalry and Daring that I know you to be.

I remain your humble servant,

Lord Geoffrey de Cam

Baron of Western Seas

Upcoming in this issue

- What is Kottabos?
- GWW Update
- Cooking with Claudius
- A look at Western Seas during Quarantine
- CNGP

Letter from the Editor

Greetings Western Seas,

This is a special Runestone as there were no events due to the current pandemic. I did reach out to a couple people about possible submissions for a “Western Seas in Quarantine” issue. I know most if not all of us are bummed about being sequestered at home and personally I have been in a house with a fighter who is tired of just hitting a pell in the backyard. On the plus side he has been working on his armor (more to come on that later). I hope everyone is doing well and I am keeping my fingers crossed that we can all go out and have some practices and fun events soon. I feel like there will be a lot of pent up fighters itching to hit someone again but maybe they got to work on some new shots. I haven't really been working on anything SCA related and my hair color only changed colors twice.

Thank you,

Lady Kathryn of Caledonia

Kottabos

What is Kottabos you may ask?

Written by: THL Andrew of Fairburn



By Μ α ρ σ ύ α ς - Own work, CC BY 2.5,
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Kottabos: The Drinking Game You Should be Playing

*“And then, when I have offered due libations,
I’ll introduce the kottabos.”*

Kottabos was an ancient greek drinking game. Popular during the 5th and 4th centuries B.C.E., Greek men would engage in *symposia*, drinking parties. The men would recline on couches while talking, singing, eating, and flirting with one another, while being served wine and food by slaves. *Kottabos* was a game of skill where the men would fling the sediment in the bottom of their wine bowls at various targets. The men would usually remain in a reclining position and only use their right hand. The wine thrown and the sound the target made when struck were both known as *latax*.

There seem to be two major variations of the game. In the first variation, *Kottabos* with an *oxybaphon*, small brass bowls floating in a larger vessel full of water. The object of the game was to fill the bowls with enough wine to sink them.

The second variation involved a brass pole, a small and a larger brass saucer, and a figure known as the *manes*, he was usually depicted in the shape of a man with his right arm and leg raised and sometimes holding a *rhytum* or drinking horn. This variation was played many ways, but all involved the larger brass saucer mounted to the pole and striking either the smaller saucer or the *manes* off of the top of the pole so it hit the larger saucer making a bell like sound, the *latax*.

Of course these games seem to have been played like drinking games of today with lots of betting, cheating, teasing, and general rowdiness that we associate with having a good time. Winners often were awarded small cakes, eggs, sexual favors, and of course bragging rights.

For the Greeks, this game did take on a bit more significance than corn hold does for us. *Kottabos* required dexterity and good hand eye coordination, the same skills needed for one to be good with a javelin. Players might even arrange themselves in a circle around the target, their success and failures on full display to their friends for in their eyes, their success at *kottabos* would indicate their future success, especially at love.

“Now the libation is performed.” The guests
Have deeply drunk already; and the scolium
Is sung; the kottabos, that merry sport,
Is taken out of doors: a female slave
Plays on the flute a cheerful strain, well pleasing
To the delighted guest; another strikes
The clear triangle, and, with well-tuned voice,
Accompanies it with an Ionian song.

Sources:

Gannon, Megan *How to Recreate a Sloppy Ancient Greek Drinking Game*. livescience.com 2015

Szegedy-Maszak, Andrew course: The Ancient Greeks, Westland University, 2015

Athenaeus, *The Deipnosophists* Book 15, 1:665

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https://www.thevintagenews.com/wp-content/uploads/2016/09/1200px-Symposium_scene_Nicias_Painter_MAN-640x427.jpg

https://www.decorarconarte.com/WebRoot/StoreES2/Shops/61552482/5358/DD52/3349/C9D4/0B21/CoA8/2BBC/B667/40761-The_symposium_fresco_on_the_north_wall_of_the_Tomb_of_the_Diver.jpg

Great Western War

Western Seas is Going to War!

...next year.

I'm sure that by now, you have heard that the Great Western War was postponed due to COVID-19 and uncertainty in California. The next GWW is now scheduled for 2021. This gives us an extra year to plan and get ready. It is time for Western Seas to field our own unit on the field. We fight so much together at practice, let's fight together *against them!*

While plans are very much up in the air, and we only have 17 months to get it together, it would be wonderful to have Western Seas coalesce at GWW. Possible a Western Seas camp, or at least a Western Seas party at a friendly camp. Well bash their heads in with Aloha and sticks.

Start planning now, put those vacation requests in, and we'll see you there!

Because of the financial burden of the covid crisis, as well as the expense of going to war, I am establishing a Western Seas War fund to help our people get to GWW next year. My family and I are donating \$100 to this fund and we humbly ask that you help donate as well. We hope that all of those who want to go are able to go.

For donations as well as assistance requests, please email me chatelaine@westernseas.org

I'm happy to keep all transactions confidential, so if you need help going to war, just ask.



Public Domain

Cooking with Claudius

Hi boys and girls, How about we make pasta today, it is really easy to make, go down to Safeway and get some....Bwahahahahaha!..... Sorry, sorry, I'm kind of bored, not because of all that is going on nowadays but because I'm retired and I can't torment you on the field yet (yes! I'm a religious man and a torturer, yes!, I'm Catholic). So let's make some dumplings the Italian way.....But!, O' wise one, potatoes came late and stuff, so gnocchi is modern,...not so platypus. (you thought I was going to say grasshopper.....sinker!) Gnocchi is another form of pasta, pasta or macaroni being the generic word for products made with flour and water and made into shapes, baked or boiled in water or broth, most of the pasta products was made with semolina flour, because it made a dough that you could handle and make the shapes that you would need and to hold it's shape. Gnocchi or dumplings was loved among the peasants, typically in northern Italy, where most of the money was, it was a dish that the peasants could make with flour, breadcrumbs, yolks and hot water, it was a dish that all you needed was water to cook it if you did not have broth, and it could be used in a soup or on your dish with cheese and mild spices. Most of the dishes with dumplings came from the north. Our potato was kind of treated with suspicion to the Italians who encountered it, the navigators said that it tasted like chestnuts, if you are a true chef then you should have tasted them both raw and you would have said "yup they are right", and with that in mind it took two hundred years after for our potato to become a regular part of the Italian diet. In the 1700 hundreds they needed help with famines that were going on, so the big shots had a campaign to convince the peasants to accept the "white truffle" as it was often called.

By the mid 1600 hundreds and later, any combination of ingredients that a chef would put together and made into a dough, shaped it into small shapes and boiled quickly in water or broth was called gnocchi. (I.E dumplings) So with that in mind we come to today's way of making gnocchi with butternut squash, cheese, spinach, wheat flour or potato flour, fish, or even the kitchen sink. The recipe that we will be making is from my book Opera by Bartolomeo Scappi page 229, recipe 176, you will find this recipe in one form or another in Rome or Abruzzo where I'm from, it is called gnocchi with bread crumbs, in The Talisman the first regional cookbook of Italian cooking you will find gnocchi under potato gnocchi with no eggs and using hot water when mixed, and gnocchi Roman style with eggs, but with both recipes potatoes are used, in La Cucina a book of regional cooking of Italy you will find over 2,000 recipes of Italian cooking, this book is from The Italian Academy of Cuisine much like the Talisman it covers much of regional cooking of Italy, and there you will find recipes that has traces of period recipes and ingredients in one form or another, and what do you know it even has gnocchi with breadcrumbs....." will wonders never cease.

Let's get to our recipe "GNOCCHI"

You will need:

1 cup flour or fine white wheat flour
1 cup semolina
1 cup breadcrumbs (I used stale homemade bread)
1 cup broth (1 cup hot water, 1 chicken bouillon cube, 1 Tbsp butter, the easy way)
4 egg yolks
½ tsp. cinnamon
2 tsp. sugar
Butter
Parmesan

Directions:

Step 1: Get all your ingredients together as in the pic.



(1)

Step 2: In a bowl add all the dry ingredients (but not the cinnamon and sugar) and add hot broth and mix, then add egg yolks and make a dough out of it, (do not over mix it or it will come out tough) it should look like the pic two, soft but not runny, put some flour on a plate and put your dough on it and let it rest as in pic three.



(2)



(3)

Step 3: Now flour your board and roll some dough about $\frac{1}{4}$ inch thick and 8 inches long, the cut $\frac{1}{4}$ inch pieces, repeat until all the dough is used as in pic four. (I made mine a little big to show you how it should look)



(4)

Step 4: Now take your gnocchi and roll it down the back of your grater to give it a texture on the surface, put them on a plate and let them sit as in pic five.



(5)

Step 5: At last boil broth or water(if using water add salt to it) add gnocchi to boiling water or broth and cook for 10 minutes, as they rise to the top (as in pic six) they are cooked, use a slotted spoon and take them out



(6)

Step 6: Now all that is needed is to sprinkle the cinnamon and sugar mix on top with parmesan, butter and shredded smoked provolone on top, and just serve to your Lord (and Milady please no poison.)



Books:

1. The Opera of Bartolomeo Scappi, By Terence Scully
2. The Italian Baroque Table, By Tommaso Astaria
3. The Medieval Kitchen, By Odile Redon, Francoise Sabban & Silvano Serventi
4. Italian Cusine, By Alberto Capatti & Massimo Montanari
5. La Cucina, Translated by Jay Hyams
6. Gastronomy of Italy, By Anna Del Conte
7. The Talisman, By ADA Boni

Quarantine Fun

So what has everyone been up to besides fighting and going to events, let's take a look.

Lord Geoffery de Cam, Baron of Western Seas has been tinkering in the leather shop, keeping up his skills



THL Andrew of Fairburn has been working on his armor, he has fixed everything (even though not currently using it) and made a new chainmail shirt. He has also been hitting the pell alot lately. Last but not least he entered a contest and won a jacket.



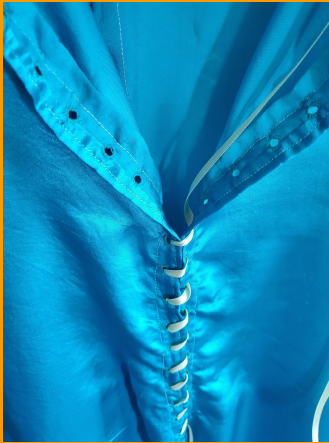


M'lord Wulfric Marinus made a sheath for a knife from leather and his wife dyed two pieces of white fabric with turmeric and blueberries, then she made a custom carved stamp and put a design onto the fabric.





M' lady Jaime has been working on her garb



Thank you everyone for the pictures you helped make the Runestone better than just a couple articles and my husband had no choice in most of the pictures.....hehehe.

Castle North Grand Prize Tournament

Pirate Event

When: Saturday, June 20, 2020 9am-6pm

Where: Ahuimanu Elementary School 47-470 Hui Aeko Place, Kaneohe, HI 96744

Site Fee: There is no site fee for this event. There will be a prize table. If you wish to donate an item for the prize table please see the autocrats (we greatly appreciate it).

Life in the Royal Navy these days is all work, work, work! Wouldn't it be nice to sail the open seas and just do what ye wants! Prepare to walk the plank if ye be so lucky! There will be heavy combat events and more! Bring your favorite toys and do forget to aaaarrnnuunnnciate!

Event Schedule:

9:00 a.m. Site opens

11:00 a.m. Lysts open

Opening court- At Their Excellency's discretion

12:00p.m. Let the Pirating begin!

Closing court- At Their Excellency's discretion and prize table

6:00 p.m. Site Closes

This site is an open field with no trees. IT WILL BE HOT! Please bring your portable shade and LOTS of water.

Directions to the site:

From H-3 take exit 9 to merge onto HI-63/Likelike Hwy. toward Kaneohe and take the HI-83/Kahekili Hwy. ramp then merge onto HI-83 W (signs for Kahekili Hwy.) then turn left onto Hui Iwa St. then take the 1st left onto Hui Aeko St. then turn right onto Hui Aeko Place. The field will be on the left. Parking is in the cul-de-sac.

From Kaneohe take the Kamehameha Hwy. and make a left onto Haiku Road then take a right onto Kahekili Hwy. then turn left onto Hui Iwa St. then take the 1st left onto Hui Aeko St. then turn right onto Hui Aeko Place. The field will be on the left. Parking is in the cul-de-sac.

Please keep an eye on the Facebook Barony page for updates on this event due to current circumstances.

Ye List of Waivers When & Why

Several release forms and waivers are necessary for various activities by the Barony, Kingdom, and Society. Ask any of our officers for hard copies of these forms.

SCA Model Release Form

Required to be signed by subject when...

- the image is portrait-style.
- the photo is taken in a private space or event (such as personal encampment).
- the photograph is taken at a non-public venue (sch as an armor-making workshop at a home or closed event).

SCA Photograph Grant of Use

Required to be signed by the original photographer of any and all photos in use after December 31, 2010.

A photographer may check the "Perpetual Grants of Use" box, meaning the form is required only one time and it covers any photograph submitted for use by the Barony now or in the future.

SCA Creative Work Copyright Assignment / Grant of Use Form

Required to be signed by the author or artist for the following...

- articles, poems, stories songs - written content submitted for publication.
- original artwork (not clip art) submitted digitally for publication.
No form is needed for...
- correspondence from officers or event organizers.
- Event notices.
- Captions to photographs.

Caid Personal Information Release

Required to be signed when...

- Event organizers wish to use their personal email / phone number as contact in public display.
- Officers wish to have their modern names used in the Regnum.
- Articles and submissions writers wish to use their modern name in the by-line.
Waivers are to be submitted with pertinent works to the Chronicler and/or the Webwright. Waivers can be submitted digitally (scanned as PDF or JPG). Hard-copies received will be scanned. All waivers are stored digitally in a private filing system managed by Kingdom Caid. Hard-copy Waivers are kept on file with the Constable after being scanned. Combat and Equestrian Waivers are special waivers needed to participate in events related to each. Please speak to the Field Marshal of the event for more information.

Blue Card vs. White Card

SCA members who have (digitally) signed a Waiver of Liability when paying for membership possess a Blue Membership Card. Members who have not (digitally) signed this waiver have a White Membership Card. If a member possesses a White Card, that member must sign Combat Waivers at each related event to participate in combat. See the Field Marshal of the event if there are any questions.



This is the second issue in the seventh volume of the RUNESTONE, covering news and event announcements from March 2020 through May, 2020 This is a publication of the Barony of Western Seas, part of the Kingdom of Caid, which is one of twenty kingdoms worldwide within the Society for Creative Anachronism, Incorporated (SCA, Inc.). This publication is not a corporate document of SCA, Inc., and does not delineate SCA, Inc. policies.

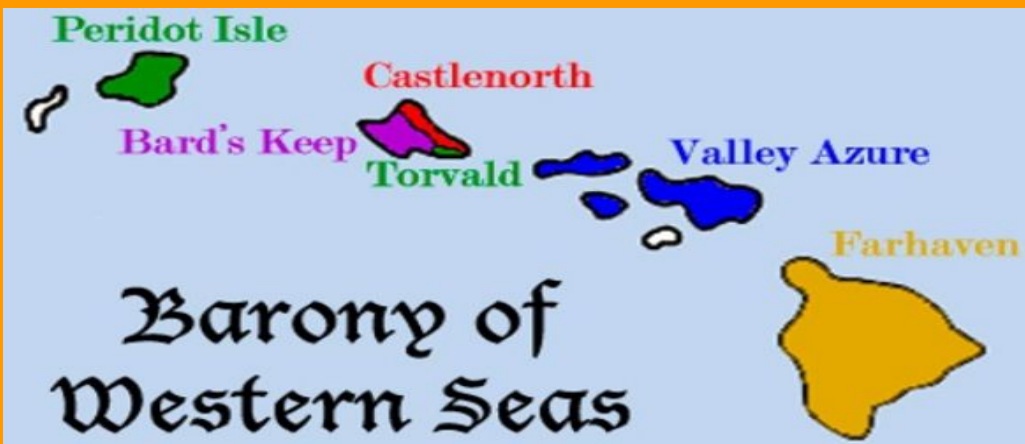
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Barony of Western Seas
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Hauula, HI 96717
WesternSeas.org



Barony of Western Seas Regnum

Baron	THL Geoffrey de Cam	barony@westernseas.org	Ceremonial heads of the Barony and representatives for the Crown of Caid
Baroness	Mistress Duibheasa Ingen ui hÉalaighthe		
Office of the Seneschal	Lord Olafr inn mikli Sveinsson	seneschal@westernseas.org	Manages all business affairs of the Barony and sub-groups
Deputy Seneschal	Open		
Office of the Herald	Sir Valeran do Pico	herald@westernseas.org	Tracks awards, Devices, and Name Registrations; Master of Ceremony at events
Deputy Herald	Lord Geoffery of Cam		
Office of the Exchequer	Mistress Duibheasa Ingen ui hÉalaighthe	exchequer@westernseas.org	Manages the financial matters of the Barony
Office of the Constable	Baron Claudius Brutus di Bartolomeo	constable@westernseas.org	Ensures members maintain order in accordance with Society, Kingdom, & Baronial laws
Office of the Chatelaine	THL Andrew of Fairburn	chatelaine@westernseas.org	Organizes demonstrations and greets newcomers to the Society and Barony
Office of the Chronicler	Lady Kathryn of Caledonia	chronicler@westernseas.org	Produces, edits, and publishes the Baronial Newsletter (this publication) and other marketing materials
Office of Arts/Science	Mistress Raven of Heronsmarsh	artsandsciences@westernseas.org	Oversee affairs of the Arts, Crafts, and Sciences
Office of the Scribe	Mistress Duibheasa Ingen ui hÉalaighthe	scribe@westernseas.org	Organizes the creation of scrolls for awards
Office of the Webwright	Managed by the Office of the Kingdom Webwright	webwright@sca-caid.org	Manages Baronial internet needs and presence
Knight Marshal	Sir Edward Castleguard	knightmarshal@westernseas.org	Supervises Armored Combat activities (per island)
Marshals of Fencing	Baron Claudius Brutus di Bartolomeo	fencing@westernseas.org	Supervises Fencing activities (per island)
Marshals of Archery	Mistress Duibheasa Ingen ui hÉalaighthe, Oahu Dame Uta Blackthorne, Big Island	archery@westernseas.org	Supervises Archery activities (per island)
Marshals of UAC	Mistress Duibheasa Ingen ui hÉalaighthe, Oahu Dame Uta Blackthorne, Big Island	unarmored@westernseas.org	Supervises Unarmored Combat activities (per island)
Gold Key	Baroness Maria de Isla, Oahu	goldkey@westernseas.org	Manages Baronial Loaner Collections (per island)

Canton Seneschals

Farhaven (Big Island)

Peridot Isle (Kauai)

seneschal@peridoisle.org

Valley Azure (Maui)

Torvald (Southeast Oahu)

Bard's Keep (Central & West Oahu)

Castlenorth (Windward Oahu)

Lady Shea Vonquinlan

Vacant - Want to volunteer? Contact the Baronial Seneschal!

Sir Edward of Castleguard

Vacant - Want to volunteer? Contact the Baronial Seneschal!

THL Andrew of Fairburn

Sir Marco Di Bartolomeo

seneschal@farhaven.org

seneschal@valleyazure.org

seneschal@sca-torvald.org

seneschal@bardskeep.org

seneschal@castlenorth.org

Guilds

Sir Valeran do Pico

Mistress Genvieve la Minstrelle

Baron Claudius Brutus di Bartolomeo

Sir Valeran do Pico

Mistress Duibheasa Ingen ui hÉalaighthe

Philosophers

Music Maximus

Wooden Spoon

Sappers

Scribes

philosophers@westernseas.org

minstrels@westernseas.org

woodenspoon@westernseas.org

sappers@westernseas.org

scribe@westernseas.org

Barony of Western Seas Events



Barony of Western Seas

The entire State of Hawaii

Fighter Practice

Every Thursday, 5:00pm - dark
Kaimuki High School
2705 Kaimuki Ave., Honolulu
Practice in various forms of
medieval combat.

From Fencing to Armored Combat



Canton of Bard's Keep .

Central and West Oahu, From
Halawa to Makaha to Pupukea

Fighter Practice

Sundays, 4pm - dark
Neil S. Blaisdell Park, Pearl City
Armored Combat and sometimes
Fencing.

Weather permitting.

Dormant Cantons

Want to lead one of these Cantons? Contact the
Baronial Seneschal for information.



Seneschal@WesternSeas.org

Canton of Torvald

From Hawaii Kai to Town, then
onward
toward Salt Lake and all areas
within



Canton of Farhaven

The Big Island of Hawaii



Canton of Peridot Isle

The entire island of Kauai,
The Garden Isle



Canton of Castlenorth

Windward Oahu, from Makapuu
to the east, all the way to Pupukea

Baronial Officer

& Populace Meeting

Windward Community College,
Hale 'Imiloa (Valeran's Office)
45-720 Keaahala Rd., Kaneohe

Third Wednesday every month; 7pm to 8-ish pm
Open to all members of the Barony. Skype and phone
conferencing available. Contact the Baronial Seneschal
for more information.



Canton of Valley Azure

The entire county of Maui, including
the islands of Molokai and Lanai

Fighter Practice

Sunday mornings, 10am until tired
Eddie Tam Memorial Center, lower field.

~ Guild News ~

The Philosophers Guild is planning something in the near future, but they are debating the reality of whatever they are planning on doing. Real or unreal, there will be cheese! The Sapper's Guild is also up to something (*or should we say under mining something?*). We won't know what it is until the roof falls in on them (as usual).

YIS - Sir Valeran do Pico

Hi boys and girls, Wooden Spoon is Western Seas cooking guild, it started right after the Earth formed and Western Seas rose up from the depths of the briny seas; and I swear to god, there was Sir Valeran with tablets from his Philosophers Guild as Western Seas rose! Anyway, I Baron Claudius Brutus Di Bartolomeo, am the CEO and Supervisor of the Wooden Spoons. Our cooking guild is here to help anyone that has any question about period cooking, or to use the guilds trays and things or if you need help in cooking for 12th Night or any question that you have on cooking, I have a large library of period books that you can get recipes from, all you need to do is ask and I can make you a copy of any recipe or show you how to make it. And I can help in your A&S work to.

In Service - Baron Claudius

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